



Food Benefits

These benefits provide financial assistance for food to people who qualify. You can check if you qualify for SNAP, WIC and many other support services, with one simple tool on [YourTexasBenefits.com](https://www.yourtexasbenefits.com). We also have people on-site to help you with every step of the application process.

Find what works for you.

For Everyone

- **SNAP:** The Supplemental Nutrition Assistance Program provides benefits for individuals and families to buy nutritious food at grocery stores. Learn more about the requirements on this [website](#).
 - You may still qualify, even if you have a job or own a car.
 - If you are not a U.S. citizen, you can include eligible household members on the application.
- **Local food resources:** Visit our [Resources](#) page for a list of local pantries and churches that are committed to feeding our community.

For Seniors (60+)

- SNAP has [Special Rules](#) that allow people over 60 or who meet disability guidelines to deduct excess medical expenses.
- Our [Programs](#) page has information about Senior Box distribution.
- Contact the Harris County Precinct 2 Call Center at 713-274-2222 or fill out the form on their [webpage](#) to learn more about their Senior Meal Programs.

For Expectant Parents and Children Under Age 5

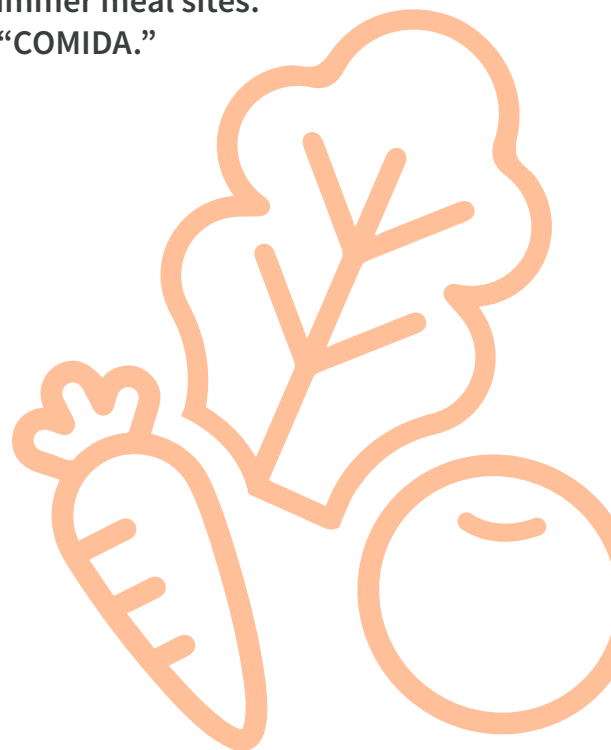
- **The Women, Infants and Children (WIC)** program helps pregnant and breastfeeding women, and families with children under 5 buy healthy food.
 - Single dads, moms attending school, and children with guardians other than their birth parents also qualify.
 - You do not have to be a U.S. citizen to qualify.
 - If you qualify for SNAP or Medicaid, your family with children under 5 also qualifies for WIC.
- If you live in Harris County, call 713-407-5800 or visit this [website](#) for more information.
- If you live in Chambers County, call 409-267-2772 or visit this [website](#).

For Families with School Age Children

- Apply for **free or reduced meals** for Goose Creek CISD students and learn more about their program.
- Use this **Summer Meals for Kids** website to find distributions near you.
- Text FOOD to 304-304 to get connected to No Kid Hungry summer meal sites. The service is also available in Spanish by texting the word “COMIDA.”

For Lee College Students

- Learn more about **food assistance** programs available to Lee College students.
- To be eligible for SNAP, students enrolled more than half-time at Lee College must meet at least one of these **student exemptions**.



Be Well™ Baytown

Your Way to Healthy Eating is supported by Be Well™ Baytown, an initiative of The University of Texas MD Anderson Cancer Center sponsored by ExxonMobil.



United Way of Greater Baytown Area & Chambers County